



Surgery-Free™

FaceLifts

SG

Spa Girl Treatment Menu

ROME PARIS LONDON NEWYORK BEVERLY HILLS



“Surgery-Free FaceLift”

“We'll do just about anything to get wrinkle-free skin, but before you botox or try expensive facelifts, you may want to try the latest wrinkle fighter from Spa Girl. It will fill and plump the skin with collagen and elastin. It gives the appearance of having a mini-facelift after having one of these treatments.”

NBC News, Los Angeles

Spa Girl®

The Leader in Surgery-Free FaceLifts™

Surgery-Free FaceLifts - We accomplish these by erasing external surface defects and rebuilding internal cellular structures. Our advanced treatment technology effectively restores youthful vitality, health, and tone, by removing years of External aging, wrinkles, and skin damage, and at the same time triggering Internal Facial Restructuring at the cellular level with the release of Collagen & Elastin in the Dermis. Health and tone of the skin are improved by a dramatic increase in Epidermal circulation which flushes the skin's toxins out, while the increased flow of Blood Nutrients maintains healthy rebuilding of the underlying skin structure. You won't need expensive facelifts, laser, or collagen injections either. Our **Reversing Time™** treatment programs will remove what aging has added, and renew what aging took away, naturally.

Patented Resurfacing Technology - The foundation of our Surgery-Free FaceLift is our patented facial resurfacing technology called **PowerDerm Kinetic Dermabrasion**. It is the first advancement over microdermabrasion since 1992. As this treatment erases away dead, discolored, wrinkled, and aged skin, it removes the impermeable surface layers that prevent topical absorption, and delivers Vitamins, Antioxidants, and Hyaluronic Acid within our treatment into the newly absorbent living skin cells. Most importantly, Resurfacing triggers the release of Collagen & Elastin Peptides deep within the Dermis, which supplies the structural materials of our Facelift.

Blood and Lymphatic Nutrition Delivery - Vigorous Kinetic pumping action supercharges circulation in the Blood and Lymphatic Systems which draws Blood Nutrients into the epidermal matrix and flushes toxins out. Skin health is revitalized with your body's own Vitamins, Antioxidants, Oxygen, Amino Acids, Peptides, Hormones, and Hyaluronic Acid. No other skin treatment technology Resurfaces and then Restructures through nourishment as well as our Surgery-Free Facelift.

Chemical Peel Boosters - Our AHA (glycolic acid) and ChemiPeel™ Treatments are boosters and enhancements to the Kinetic Dermabrasion Foundation Peel. The benefits they give are enumerated in their respective sections, but when applied in conjunction with a Kinetic Dermabrasion Treatment, the magnitude of their potency skyrockets.

Testimonials by the Thousands - As testimony to the effectiveness of our technology, Cosmetology and Esthetician Institutions across America are utilizing it in the training of the Next Generation of Professionals. Ask your Spa Girl Certified Salon or Esthetic Professional to design a treatment program that will take off the years, and **Reverse the Effects of Time** on your Beauty.



"This is truly an advancement in the age of skin care. A must-have for an industry that is quickly emerging. The PowerDerm is truly ahead of its time."
Linda - Redondo Beauty College, CA

PowerDerm® Kinetic Dermabrasion™

PowerDerm Patented Kinetic Dermabrasion works by impressing a dense crystalline compound upon the skin with a “kinetic” force. With this, we achieve dramatic facial resurfacing, remodeling, and lifting, that cannot be reproduced with any Medical or other Resurfacing tool, or Collagen injection fillers.

Immediate Results are an **External/Internal FaceLift**. Multiple treatments replace, renew, and rebuild the skin’s dermal cellular structure, bathing it with your own body’s blood nutrients: oxygen, antioxidants, hormones, vitamins, natural peptides, amino acids, and hyaluronic acid. External imperfections are erased, and continual cellular regeneration and restructuring of skin internally is accomplished by causing a constant release of Collagen & Elastin Peptides within the Dermis, in a process called **Collagenic Matrix Rebuilding**.™ PowerDerm Kinetic Dermabrasion is the **Essential Treatment** within our **Reversing Time**™ Treatment Programs (pg. 23), and pivotal in the restoration of a younger looking You.

PowerDerm Kinetic Dermabrasion External/Internal FaceLift Benefits:

- **Removes/Reduces** Wrinkles (Eyes, Lips, Cheek, Furrows, Forehead, Neck, Décolleté-Chest, etc.), Sun Damage, Freckles, Dry or Dehydrated, Collagen & Elastin Deficiency, Broken Capillaries, Hyper-Pigmentation, Hypo-Pigmentation, Acne, Acne Scarring, Rosacea, Hollowing of Jaw Line, Sagging Eye Contours, Dark Circles, Impaired Circulation, Marionette Lines and Impressions, Stretch Marks, Melasma, Pregnancy Mask, and Discoloration.
- **Resurfaces** and removes imperfections along with the dead surface skin cell layers that block external topical nutrients from entering the skin.
- **Delivers** External Cosmeceutical nutrients, vitamins, and antioxidants into the newly exposed and absorbent skin, supporting the reversal of its aging process.
- **Triggers** 48-72 hours of new skin cell regeneration in the Stratum Basal Layer and the synthesis of Collagen and Elastin Peptides in the Dermis, restructuring the entire skin matrix from Dermis to surface within a **Reversing Time**™ Program.
- **Creates** a Facelift thickening of Extra-Cellular Lipids (moisture barrier replenishment) in the Stratum Granulosum, an underlying layer of the epidermis.
- **Supercharges** the blood and lymphatic circulatory systems’ delivery of blood plasma nutrients, oxygen, vitamins, amino acids, peptides, hyaluronic acid, internal antioxidants, and hormones (progesterone, testosterone, estrogen). Dissolves internal acne scar tissue over time, and restores your skin to youthful, healthy vitality.
- **Eliminates** Toxic skin cellular debris, damaged skin cells, dissolved scar wall fragments, metabolic waste, viruses, bacteria, and other toxins, by flushing them out through the Blood and Lymphatic systems.
- **Includes** your choice of any of our 11 distinct formulas in the **Crystal Therapy Collection**™ (pg. 6), which target Skin Impairments with specific Vitamins, Enzymes, Antioxidants, and Essential Oils.

Kinetic Dermabrasion Treatments

Facial	30 min.
Eyes - Crows Feet	15 min.
Lips	15 min.
Neck	25 min.
Décolleté	40 min.
Hands	15 min.
Arms - Triceps Only	25 min.
Arms - Full	45 min.
Back -Shoulders to Waist	60 min.
Stretch Marks <small>100 sq. in. Area</small>	30 min.
Facial - Rosacea	30 min.



PowerDerm® Kinetic Dermabrasion™ Treatments

Crystal Therapy Collection

Treatments that Revive your Skin as it is Resurfaced, infusing it with targeted nutritional formulas loaded with highly concentrated serums of Vitamins, Enzymes, Antioxidants, and Essential Oils.



COLLAGEN & ELASTIN DEPLETED

Pumpkin Enzyme Collagen Crystals

Pumpkin aroma bathes the senses as the Dermis is stimulated to release Fibroblasts which secrete Collagen & Elastin. Kinetic forces and dermabrasion clear the skin surface as lymphatic massage disperses blood plasma nutrients within the skin's Epidermal structure.



FINE LINES, WRINKLES

20% Vita-"A" Berry & 20% Alpha Lipoic Acid Crystals

Advanced repair formula targets fine lines and wrinkles to replace the core of the wrinkle's intercellular matrix. Extracellular absorption of Vitamin A and Alpha Lipoic Acid aids in protecting the core matrix from further damage from free radicals that cause epidermal lines and wrinkles.



SUN DAMAGE, HYPER-PIGMENTATION

Mandarin Orange Triple "C & E" Rejuvenating Crystals

Revitalizes and repairs sun damaged skin cells. Triple the amounts of "C and E" infuse antioxidants into skin cells and fight off future aging. Recycles damaged cells deep in the Epidermis, reverses signs of hyperpigmentation, sun damage, and discoloration.



DEHYDRATED, OVERALL AGING

Wild Cranberry Antioxidant Crystals

High Potency Antioxidant Formula for Intense Cellular Reconstruction and Lipid Hydration. Helps protect against free radical damage that causes accelerated and premature aging in the Dermis. Flushes the Epidermis with internal nutrients, amino acids, and peptides.



DARK CIRCLES, PUFFY EYES, OXYGEN DEPLETED

Tropical Pineapple Enzyme Anti-Aging Crystals

Pineapple Enzymes do double duty by bathing the skin in an anti-aging essential oil serum as Kinetic Dermabrasion removes dead skin cells, increases circulation of lymphatic interstitial plasma nutrients, and drains dark circles and puffy eyes. Overall tightening, firming, and hydrating of loose skin gives your face the beauty of a Mini FaceLift.



RX FOR SKIN DAMAGE

Wild Blueberry Super Antioxidant Crystals

Highest fruit antioxidant levels from concentrated Anthocyanins and Phenolics. These super powerful Antioxidants fight epidermal skin damage, overall aging, and cellular membrane damage from oxidative stress caused by free radicals. It flushes the skin with high levels of blood plasma oxygen for maximum regeneration and renewal of cell tissue.



DRY, DULL, PALE COMPLEXION

Lavender Restoration Crystals

Removes internal toxins, purifies, and provides balance, vitality to outer surface. Skin emerges visibly lightened and silky smooth. Helps naturally clear clogged pores and reduces enlarged pores.



DEHYDRATED

Herbal Phyto-Collagen Crystals

Repairs, Rebuilds, and Restores with a Burst of Citrus "C" and plant extracts and botanicals, which nourish Cellular Structures within the Epidermal layers. Provides overall Skin Health, Tone, and Structural Support.



ACNE, HORMONAL, SENSITIVE

Eucalyptus-Tea Tree Clarifying Crystals

Eucalyptus and Tea Tree target Acne's Inflammatory Precursors to flare-ups with two of nature's most potent Anti-bacterial and Anti-septic ingredients. Kinetic Dermabrasion minimizes and smooths acne scar surfaces and edges and triggers Collagen & Elastin Rebuilding. Lymphatic Massage breaks up and clears away acne scar walls from within.



PRE AND MENOPAUSAL

Vanilla-Soy PhytoEstrogen Crystals

Improves facial skin moisture in both pre and menopausal women. Delivers Nature's Estrogen (phytoestrogen) directly into newly revealed and absorbent skin cells, and improves estrogen starved skin tone, hydration, and texture, while minimizing the appearance of unwanted facial hair because of the residual "estrogen" effect.



SENSITIVE, ALLERGY PRONE

Original Hypoallergenic Crystals

High Potency Vitamins A, B5, C, E, plus Soy Oil, Aloe Vera, Hyaluronic Acid, & Alpha Lipoic Acid are delivered deep into Epidermal layers, nourishing and providing an overall nutritional balance to skin. An infusion of moisture occurs with the Hyaluronic Acid's plumping of wrinkle lines. Alpha Lipoic Acid, a powerful antioxidant, helps neutralize free radicals. No Essential Oils.



CRYSTAL MANUAL EXFOLIATION

Choose Any Formula

Add the any of the Crystal Therapy products of your choice to a light manual exfoliation treatment prior to a Facial. - 5 minutes.

AHA Power Peel

Alpha-Hydroxy Acid, (AHA)/Glycolic Acid peels are very effective exfoliants that penetrate several layers deep into the epidermis. AHA dissolves the “glue” connections between skin cells, lifts dead surface cells off, and releases Collagen and Elastin Peptides throughout the underlying Dermis, giving **Immediate FaceLift** results. Spa Girl adds its own special touch to its AHA line, giving each of them Fruit Enzymes, Vitamins, Antioxidants, and Essential Oils. These nourish the deeper skin cells as the surface cells are exfoliated. AHA’s are well known and documented for their ability to trigger a **Collagenic Matrix Rebuilding™** response in the Dermis. Adding nutrition at the same time, gives support to the rebuilding and regeneration process of the entire Dermal Structure.



AHA Power Peel Immediate FaceLift Benefits:

- **Highest Purity** Cosmetic Grade Glycolic Acid.
- **Stimulates** 100% proliferation of Fibroblasts throughout the Dermis, which secrete Collagen and Elastin Peptides into the Dermis for up to **48 to 72** hours after your treatment.
- **Dissolves** Skin Cell Inter-connections and exfoliates as it penetrates deep into the Stratum Corneum layers.
- **Initiates** Cellular Restructuring through thickening and firming with Collagenic Matrix Rebuilding from the secretion of Collagen & Elastin Peptides within the Dermis.
- **Triggers** Cellular Mitosis, regeneration of skin cells in the Epidermis to replace the skin cells and lipids that have been dissolved.
- **Delivers** Fruit Enzymes, Vitamins, Antioxidants, and Essential Oils deep into the skin layers.
- **Combines** with a PowerDerm Kinetic Dermabrasion to form the Double Peel.
- **Preps** the skin for an essential second peel, known as the Double Peel. The addition of a PowerDerm Kinetic Dermabrasion Treatment maximizes results. This is because AHA leaves the skin in a state where deeper “weakened” skin cell connections slowly shed over the next several days. A follow-up PowerDerm Kinetic Dermabrasion Peel will remove all of these cells at one time, giving a beautiful, rejuvenated, and tightened **FaceLift** to the skin.

AHA Power Peel Treatments

Facial	15 min.
Neck	15 min.
Décolleté	20 min.
Hands	10 min.
Arms - Triceps Only	15 min.
Arms - Full	20 min.
Back -Shoulders to Waist	30 min.

AHA Power Peel Treatments



COLLAGEN & ELASTIN DEPLETED

Pumpkin-Fruit Enzyme Collagen Peel

Pumpkin enzymes combined with fruit acids turn your Collagen "ON" by releasing a 100% proliferation of Fibroblasts which secrete Collagen & Elastin Peptides throughout the Dermis. Pumpkin aroma fills the air as your skin transforms with a smoother, tightened, Mini FaceLift.



FINE LINES, WRINKLES

Cherry-Berry Enzyme Rejuvenating Peel

This combination of Cherries & Berry enzymes bring an invigorating vitality and glow to the skin with new, baby smooth, soft skin, while targeting the removal of fine lines and wrinkles deep within the dermis.



SUN DAMAGE, HYPERPIGMENTATION

Orange-Spice Vita "C" Enzyme Activating Peel

Orange enzymes and Spices combined with lots of Vitamin C immediately penetrate the skin tissue to reverse signs of sun damage, hyperpigmentation, and discoloration.



DEHYDRATED, OVERALL AGING

Cranberry-Ginger Enzyme Antioxidant Peel

A spicy Cranberry enzyme combined with nature's soothing Ginger, promotes an effective reversal of Premature Aging and helps restore Collagen and Elastin to wrinkled skin.



DARK CIRCLES, PUFFY EYES, OXYGEN DEPLETED

Pineapple-Papaya Enzyme Stimulating Peel

An Overall Tropical Experience. Pineapple enzyme with the Papaya fruit enzyme stimulates Collagen and Elastin Peptide production, lifting and tightening skin cell tissue from the outside, and firming it from deep within the dermis.



RX FOR SKIN DAMAGE

Wild Blueberry Enzyme Energizing Peel

Blueberry Antioxidant enzymes are delivered deep into the skin tissue, providing a brighter, tighter, more vibrant skin with the removal of many layers of dead skin cells.



ACNE, HORMONAL, SENSITIVE

Eucalyptus-Tea Tree Enzyme Clarifying Peel

Eucalyptus and Tea Tree heals, soothes, calms and renews. Leaves you with fresh, clean, baby smooth skin, that is being toned from within.



ANTI-AGING SUPPORT

Vanilla-Coconut Enzyme Revitalizing Peel

Exotic French Vanilla Bean enzymes along with a splash of Coconut enzymes, revitalize your skin, initiating Collagen and Elastin regeneration, bringing depleted skin back to life and vitality.



"I had wrinkles around my eyes so after a Double Peel I asked my esthetician to add the ChemiPeel around them so they would look younger. She did two layers and in five days my lines were gone. My eyes are brighter and I look like a different woman."

Mary - Boston, MA



The **ChemiPeel™** is a phenomenal peel that by itself is a **Quick-Fix Beautification FaceLift**. It will safely peel off sun damage, age spots, wrinkles, and hyper-pigmentation. It works by dissolving protein within the surface layers of the skin, causing it to lose its vitality, then stiffen, heal, and peel. The treatment involves incremental layering of the Chemipeel™ solution onto the skin. There is no discomfort over the entire week of sloughing off. You will be amazed at how quickly this peel removes surface imperfections, and fills lines, wrinkles, and depressed contours with a FaceLifting burst of Collagen & Elastin.

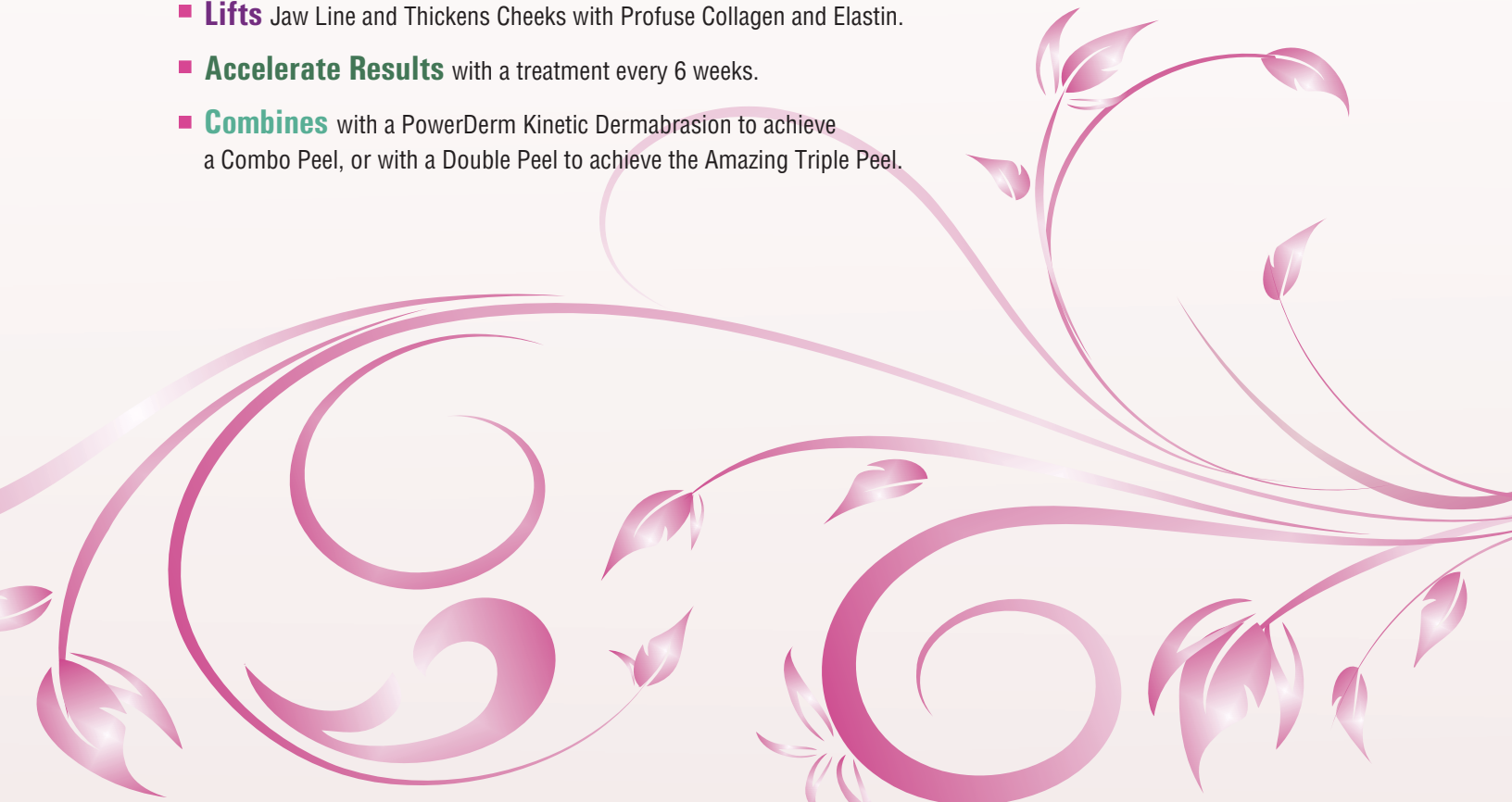
ChemiPeel™ Quick-Fix FaceLift Benefits:

- **Medical Grade Purity** formula using *United States Pharmacopeia Standard USP-XXI*. No adulterating chemicals or heavy metals.
- **Triggers Weeks** of incredible thickening and firming with **Collagenic Matrix Rebuilding™** releasing Collagen and Elastin Peptides in the Dermis, restructuring the entire skin matrix from dermis to surface. Plumps Collagen into Marionette Depressions.
- **Cosmetic Depth** of treatment is similar to a “sun tan” peel. No Red Coloration.
- **Spectacular Results** in 8-10 days.
- **Reverses** up to 1-2 years of aging.
- **Tolerable** tingling during application for 2-3 minutes (cooled with fan).
- **No Tingling** felt upon completion of treatment.
- **Removes or Reduces** Eye, Lip, Neck, and Décolleté Wrinkles, Diminishes Stretch Marks, Hyperpigmentation, Sun Damage, and Discoloration.
- **Lifts** Jaw Line and Thickens Cheeks with Profuse Collagen and Elastin.
- **Accelerate Results** with a treatment every 6 weeks.
- **Combines** with a PowerDerm Kinetic Dermabrasion to achieve a Combo Peel, or with a Double Peel to achieve the Amazing Triple Peel.

ChemiPeel™ Treatments

Facial	45 min.
Eyes - Crows Feet	15 min.
Neck	40 min.
Décolleté	60 min.
Hands	25 min.
Arms - Triceps Only	35 min.
Arms - Full	65 min.
Back -Shoulders to Waist	90 min.
Stretch Marks 100 sq. in. Area	45 min.
Facial - Rosacea*	55 min.

*Kills skin-mites, 4 times/yr req'd)





"...I love it. This is the best. My husband noticed without knowing I had done anything. My face feels tighter, glowing, and very soft."

Rhonda - Amarillo, TX

Double Peel

The Double Peel provides the benefits of an **AHA Power Peel** Plus a **PowerDerm Kinetic Dermabrasion Treatment**. This Peel permits the greatest depth of Dermabrasion penetration, resulting in flawless, younger appearing, and beautiful skin. In a **Reversing Time™** multiple treatment program, it will transform your face into its strongest structure, providing an **External/Internal FaceLift** that utilizes your body's natural dermal regeneration response for longer lasting results that replace collagen injections.

Double Peel External/Internal FaceLift Benefits:

- **Removes/Reduces** Wrinkles (Eyes, Lips, Cheek, Furrows, Forehead, Neck, Décolleté-Chest, etc.), Sun Damage, Freckles, Dry or Dehydrated, Collagen & Elastin Deficiency, Broken Capillaries, Hyper Pigmentation, Hypo-Pigmentation, Acne, Acne Scarring, Rosacea, Hollowing of Jaw Line, Sagging Eye Contours, Dark Circles, Impaired Circulation, Marionette Lines and Impressions, Stretch Marks, Melasma, Pregnancy Mask, Discoloration.
- **Resurfaces** the epidermis, removing aged, damaged, or unsightly Stratum Corneum layers that also block topical nutrients from entering the skin.
- **Delivers** External Cosmeceutical nutrients, vitamins, and antioxidants into the freshly exposed and absorbent skin layers, supporting the reversal of the aging process in the Epidermal Structure.
- **Triggers** Cellular Mitosis, regeneration of skin cells in the Epidermis to replace the skin cells and lipids that have been dissolved or dermabraded away.
- **Stimulates** a release of Collagen & Elastin Peptides from the proliferation of Fibroblasts secretion in the Dermis up to **48-72** hours after your treatment.
- **Restructures** the skin through thickening and firming with **Collagenic Matrix Rebuilding™**, through the release of Collagen & Elastin Peptides in the Dermis, ultimately restructuring the entire skin matrix from dermis to surface in a Reversing Time™ program.
- **Creates** a Facelift thickening of Extra-Cellular Lipids (moisture barrier replenishment) in the Stratum Granulosum.
- **Dissolves** Skin Cell Inter-connections (AHA) and exfoliates as it penetrates deep into the Stratum Corneum's surface skin cell layers and pores.
- **Supercharges** the blood and lymphatic circulatory systems with blood nutrients, internal antioxidants, your own hormones (progesterone, testosterone, estrogen), peptides, amino acids, hyaluronic acid, and oxygen, reversing skin cell damage, while Lymphatic Massage flushes away toxic cellular debris, internally aged or depleted skin cells, and toxins.
- **Achieves** accelerated results in weeks, reversing skin imperfections and deficiencies.
- **Reversing Time™** is accomplished when used in our treatment programs. The results of which are a revitalized, renewed, and rebuilt skin and dermal cellular structure that has been nurtured from Dermis to Surface with increased levels of blood nutrients: oxygen, vitamins, antioxidants, hormones, peptides, amino acids, and hyaluronic acid. Structural regeneration firms and tones the skin from within, fortifying the foundation of your beauty, reversing and erasing the years, creating and revealing a younger looking you.

Double Peel Treatments

Facial	50 min.
Neck	40 min.
Décolleté	65 min.
Hands	30 min.
Arms - Triceps Only	40 min.
Arms - Full	75 min.
Back -Shoulders to Waist	100 min.
Stretch Marks <small>100 sq. in. Area</small>	50 min.

Double Peel Treatments

■ Pumpkin Enzyme Collagen Peel

COLLAGEN & ELASTIN DEPLETED



This invigorating double up of Collagen & Elastin stimulation and the delight of Pumpkin Pie Spices and Aroma Therapy, dazzles the senses, while initiating skin thickening in the Dermis with Collagen & Elastin Peptides. Our powerful **Pumpkin-Fruit Enzyme Collagen Alpha-Hydroxy Acid Peel** followed by a **Pumpkin Enzyme Kinetic Dermabrasion Treatment** enlivens cellular mitosis, and flushes the epidermis and dermis with a dramatic increase in blood plasma circulatory nutrients.

Results: Plump-Lift, Tight, Firm, Collagen Filled, Nutrient Infused Skin

■ Berry Extreme Anti-Wrinkle Peel

FINE LINES, WRINKLES, DAMAGED SKIN MATRIX LAYERS



Soak in luxurious fruit berries as your skin is peeled down to new heights of rejuvenation with our **Cherry-Berry Enzyme Rejuvenating Alpha-Hydroxy Acid Peel**. This will replenish the skin's underlying Collagen & Elastin matrix while supporting the removal of fine lines and wrinkles deep within the Dermis and Epidermis. Next, wrinkles are saturated in two powerful free radical neutralizers in our **Vitamin "A" Berry with Alpha Lipoic Acid Kinetic Dermabrasion Treatment**. This treatment delivers targeted free radical neutralizers to fight wrinkles at their core, take down fine lines and wrinkles, and gives an overall face-lift.

Results: FaceLift, Fine Lines & Wrinkles Are Diminished, Cell Tissue Is Rejuvenated And Soft, Facial Skin Is Noticeably Younger

■ Triple "C" & "E" Citrus Anti-SunDamage Peel

SUN DAMAGE, DISCOLORATION, HYPERPIGMENTATION, MELASMA, PREGNANCY MASK



Experience an incredible Wow as the Power of Triple Vitamin C combined with the healing of Triple Vitamin E penetrates layer upon layer, reversing the skin cell sun damage. Sun exposure skin damage from UVA & UVB, discoloration, pregnancy mask, or melasma cannot resist this extraordinary duo's synergy. The **Orange Spice Vita "C" Enzyme Revitalizing Alpha-Hydroxy Acid Peel** penetrates into the depths of the outer layers initiating up to 48-72 hours of continual Collagenic Matrix Rebuilding™, repairing, and restoring cellular tissue back to health. Following this, a **Mandarin Orange with Triple "C" & "E" Kinetic Dermabrasion Treatment** removes and flushes dead and damaged cells from the exterior and interior layers, removing toxic pathogens internally, and infusing the skin with high levels of Vitamin C to correct deficiencies deep within the multi-layered Epidermis.

Results: Diminished Hyper-Pigmentation, Re-Hydrated Skin, Flawless & Brighter Complexion, Healthful Cell Structure.

■ Wild Cranberry Reverse-Aging Peel

DEHYDRATED, OVERALL AGING



The Scent of Cranberry and soothing Ginger fills the air, and excites the skin. This **Cranberry with Ginger Enzyme Antioxidant Alpha-Hydroxy Acid Peel** supports the reversal of premature aging and stimulates Collagen & Elastin Peptide production in the Dermis, while it exfoliates and unbinds skin cell connections in the surface layers. Next, a **Wild Cranberry Antioxidant Kinetic Dermabrasion Treatment** resurfaces away these loosened cells, along with aging skin deficiencies, and wrinkles, and removes dead and dehydrated topical layers. During this treatment, strong antioxidants penetrate the newly revealed Epidermal surface layers, neutralizing free radicals, while the synergy of the two peels work together to initiate intense Collagenic Matrix Rebuilding throughout the Dermis.

Results: Mini-Lift, Lines Diminished, Hydrated Cell Tissue, Thickened Cheek Line, Lifting Of Jaw Line, Very Tight Forehead, Intense Cellular Reconstruction

■ Hawaiian Pineapple-Papaya Tightening Peel

DARK CIRCLES, PUFFY EYES, OXYGEN DEPLETED-DULL SKIN



This popular Hawaiian Pineapple and Papaya duo is highly praised for its facial tightening effect. The **Pineapple-Papaya Enzyme Stimulating Alpha-Hydroxy Acid Peel** tightens the skin tissue from the outside and firms by lifting and plumping it from deep within the dermis with Collagenic Matrix Rebuilding™. In combination with this peel is a dynamic **Tropical Pineapple Enzyme Anti-Aging Kinetic Dermabrasion Treatment**. Here, Pineapple Enzymes work with the treatment's natural Lymphatic Drainage Massage to bring more lymphatic fluids in and out of troubled areas to treat dark circles, puffy eyes, and lifeless, dull skin appearance. This Double Peel resurfaces the external layers while it clears internal blockages with lymphatic massage. This literally flushes away cellular debris from within a wrinkled skin's core cellular tissue matrix, and distributes nutrients throughout it. New skin cells are regenerated in a nutrient rich environment, resupplied also with a profuse Collagen and Elastin Peptides release within the Dermis.

Results: Oxygenated & Flushed Epidermal Structure, Tight, Firm, Lifted Appearance

Double Peel Treatments

- Wild Blueberry Super Anti-Aging Peel**
RX FOR SKIN DAMAGE, WRINKLES, BROKEN CAPILLARIES



The sight and scent exhilarate the senses and revive the skin with this Antioxidant Powerhouse of double blueberry treatment peels. First, a **Wild Blueberry Enzyme Alpha-Hydroxy Acid Peel** is applied, delivering into the skin two Phyto-nutrient superstar antioxidants and triggering Collagen & Elastin Peptide release in the Dermis, which strengthens and protects the capillaries within the circulatory system. In the second peel, a **Wild Blueberry Super Antioxidant Kinetic Dermabrasion Treatment** will provide a second gigantic wave of antioxidants from concentrated Anthocyanins and Phenolics which are delivered deep into the surface layers of the epidermis neutralizing free radicals that cause aging deficiencies.

Results: Oxygenated-Facelift, Collagenic™ Boost, And Beauty Perfection

- Age-Defying Lavender Detoxifying Peel**
DRY, DULL, PALE COMPLEXION



This age-defying experience starts with a **Wild Blueberry Enzyme Energizing Alpha-Hydroxy Acid Peel** application, which brings the most powerful antioxidant deep into the skin, initiating the Collagenic Matrix Rebuilding and sparking life to the regeneration process. Next, a **Lavender Restoration Kinetic Dermabrasion Treatment** infuses its detoxifying essence into the skin, drawing out toxins, as the skin is dermabraded. The wonders of lavender are an essential part of any anti-aging treatment with the ability to detoxify, and bring nutrients and antioxidants to the skin from both inside and outside the Epidermis.

Results: Detoxified, Revitalized, Naturally Lightened Complexion

- Herbal Phyto-Collagen Natural-Lift Peel**
DEHYDRATED, SUN DAMAGED



In the first level of this delightful return to nature, the air is filled with aromatics of **Eucalyptus and Tea Tree Enzyme Alpha-Hydroxy Acid Peel**. Surface cell inter-connections are dissolved as this peel works its antiseptic and antibacterial wonders deep into the surface. Eucalyptus and Tea Tree bring powerful antioxidants to bear against free radicals, and initiate Collagen & Elastin rebuilding. Next, the **Herbal Phyto-Collagen Kinetic Dermabrasion Treatment** will transport you to a garden of Earthly delight, as your skin is resurfaced and facial beauty is restored to younger years using plant extracts, essential oils, and all things botanical. This starts a rebirth of youth that only Mother Nature can accomplish in soothing and replenishing the skin with natural phyto-extracts. At the same time, the body distributes a supercharge of plasma nutrients throughout the skin's blood and lymphatic circulatory systems.

Results: Revitalized, Antioxidated, Collagenic Matrix Rebuilding Initiated, Natural Beauty Enhanced

■ Eucalyptus–Tea Tree Calming Peel

ACNE, HORMONAL, SENSITIVE



As the first layer of **Eucalyptus and Tea Tree Enzyme Alpha-Hydroxy Acid Peel** is applied, the Eucalyptus and Tea Tree Enzymes' known Anti-Septic, Anti-Inflammatory, and Anti-Bacterial agents are delivered deep into the skin's surface cell layers, healing, soothing, and calming eruptions and infections deep within the pores. Next, a **Eucalyptus & Tea Tree Clarifying Enzyme Kinetic Dermabrasion Treatment** delivers an even deeper penetration of these powerful healing agents, supporting easy removal of blackheads, comedones, and clogged pores, and assisting in preventing acneic flare-ups from bacterial activity in clogged pores. Collagenic Matrix Rebuilding is supercharged by the physical resurfacing activity that initiates restructuring of the Collagen and Elastin around scars, as Lymphatic fluid whittles away at scar walls, dissolving them slowly but surely, from within.

Results: Clarified, Clear Complexion, Dried Acne, Bacteria Free Skin

** The Kinetic Dermabrasion portion of the treatment should be repeated several times a week, over a course of 3 - 6 weeks to continue to flush the skin with Leukocytes (white blood cells) which fight bacterial infections. This treatment provides lymphatic massage to the scar tissue which is a powerful aid in acneic scar remission because it literally dissolves scar tissue internally with profuse interstitial fluid released in the treatment area, while the scar is dermabraded off the surface a little at a time.*


■ PhytoEstrogen-Soy Vanilla Coconut Ageless Peel

PRE & MENOPAUSAL



This unique **Vanilla Coconut Enzyme Alpha-Hydroxy Acid Peel** taps nature's miracle of moisturizers—coconut. It brings coconut antioxidant benefits deep into the pores, improves the quality of surface hydration, and gently dissolves the connections between aged topical skin layers, readying them for complete removal. As a second peel, nothing in nature says “feminine” quite like the **Vanilla Soy Collagen Cellular Kinetic Dermabrasion Treatment**, which delivers copious amounts of phytoestrogen from soy, an activator of estrogen, directly into newly revealed and absorbent skin cells. This treatment improves skin tone, texture, and minimizes the appearance of unwanted facial hair thanks to a residual “estrogen” effect.

Results: Estrogen Positive, Hydrated, Toned & Lifted Skin



"I was getting one of my weekly PowerDerm Treatments and my esthetician suggested that I add the ChemiPeel to really make a big difference. I decided to try it. I am so glad I did. My marionettes and eye wrinkles were gone after I peeled. I love the results and so do all my friends. Thank you for your products and treatments."

Connie - Dallas, TX

Combo Peel

This powerful duo provides the best features and benefits of **PowerDerm Kinetic Dermabrasion** Plus a **Chemipeel™** in a single session. It is preferred by those who do not want to use AHA. The Kinetic Dermabrasion Treatment equalizes the skin's overall depth and eliminates thick or hardened skin zones that would otherwise impede the ability of the Chemipeel™ to do its work--which is to do wonders. The Chemipeel™ solution absorbs down several stratum corneum layers, and over a period of 8 to 10 days it will lift off these layers. The result is a **Spectacular FaceLift**. For the most youthful look, use it within a **Reversing Time™ Treatment Program** where it can be repeated every 6 weeks.

Combo Peel Spectacular FaceLift Benefits:

- **Includes** your choice of one of the 11 targeted formulas of Kinetic Dermabrasion Treatments (pg. 6), Plus a ChemiPeel Treatment (pg. 11).
- **Dramatically Removes/Reduces** Wrinkles (Eyes, Lips, Cheek, Furrows, Forehead, Neck, Décolleté-Chest, etc.), Sun Damage, Freckles, Dry or Dehydrated, Collagen & Elastin Deficiency, Broken Capillaries, Hyper-Pigmentation, Hypo-Pigmentation, Acne, Acne Scarring, Rosacea, Hollowing of Jaw Line, Sagging Eye Contours, Dark Circles, Impaired Circulation, Marionette Lines and Impressions, Stretch Marks, Melasma, Pregnancy Mask, and Discoloration.
- **Resurfaces** the epidermis, removing aged, damaged, or unsightly Stratum Corneum layers that also block topical nutrients from entering the skin.
- **Delivers** External Cosmeceutical nutrients, vitamins, and antioxidants into the freshly exposed and absorbent skin layers, supporting the reversal of the aging process in the Epidermal Structure.
- **Triggers Weeks** of incredible thickening and firming with **Collagenic Matrix Rebuilding™** by releasing Collagen and Elastin Peptides in the Dermis, restructuring the entire skin matrix from dermis to surface.
- **Creates** a FaceLift thickening of Extra-Cellular Lipids (moisture barrier replenishment) in the Stratum Granulosum, and Collagenic Matrix Rebuilding™ in the Dermis.
- **Cosmetic Depth** of treatment is similar to a "sun tan" peel. No Red Coloration.
- **Spectacular Results** in 8-10 days.
- **Reverses** up to 1-3 years of aging.
- **Removes** 70-90% of Hyper-pigmentation, Melasma, Pregnancy Mask, and Discoloration with first treatment, and even more within a Reversing Time™ Program.
- **Accelerate Results** with a treatment every 6 weeks.
- **Reversing Time™** is accomplished when used in our treatment programs. The results of which are a revitalized, renewed, and rebuilt skin and dermal cellular structure that has been nurtured from Dermis to Surface with increased levels of blood nutrients: oxygen, vitamins, antioxidants, hormones, peptides, amino acids, and hyaluronic acid. Structural regeneration firms and tones the skin from within, fortifying the foundation of your beauty, reversing and erasing the years, creating and revealing a younger looking you.

Combo Peel Treatments

Facial	65 min.
Eyes - Crows Feet	30 min.
Neck	50 min.
Décolleté	85 min.
Hands	40 min.
Arms - Triceps Only	55 min.
Arms - Full	100 min.
Back -Shoulders to Waist	130 min.
Stretch Marks <small>100 sq. in. Area</small>	65 min.
Facial - Rosacea	65 min.





"...I had been getting Double Peels for several weeks in a row and finally decided to step up to the Triple Peel. After everything peeled, I looked several years younger."
Kristina-Oklahoma City, OK

Triple Peel™

This is the famous **Amazing Triple Peel FaceLift**. It consists of an **AHA Power Peel**, Plus a **PowerDerm Kinetic Dermabrasion**, Plus a **Chemipeel™**. You get the benefits of each of these three in succession, giving you an unparalleled experience of renewal. We start this series of peels by dissolving skin cell connective strands with our Alpha-Hydroxy Acid Peel treatment, followed by deep resurfacing in the second peel with the Patented PowerDerm Kinetic Dermabrasion Peel treatment. The third and final peel is the ChemiPeel™ treatment, in which a light acidic solution is applied one layer at a time until the skin “frosts”, indicating completion. The Triple Peel is safe, reliable, and easily our most dramatic peel when finished, taking off years of skin cell “memory” that has hidden your youthful skin. The result is clear, bright, lifted, collagen enhanced, and youngest looking skin possible. The Triple Peel can be repeated every 6 weeks.

Amazing Triple Peel FaceLift Benefits:

- **Includes** your choice of a Double Peel Treatment (pgs. 14-17), Plus a ChemiPeel Treatment (pg. 11).
- **Dramatically Removes/Reduces** Wrinkles (Eyes, Lips, Cheek, Furrows, Forehead, Neck, Décolleté-Chest, etc.), Sun Damage, Freckles, Dry or Dehydrated, Collagen & Elastin Deficiency, Broken Capillaries, Hyper-Pigmentation, Hypo-Pigmentation, Acne, Acne Scarring, Hollowing of Jaw Line, Sagging Eye Contours, Dark Circles, Impaired Circulation, Marionette Lines and Impressions, Stretch Marks, Melasma, Pregnancy Mask, and Discoloration.
- **Dissolves** Skin Cell Inter-connections with AHA as it penetrates deep into the surface layers.
- **Stimulates Weeks** of 100% proliferation of Fibroblasts throughout the Dermis. These secrete Collagen and Elastin Peptides into the Dermis for several weeks after this treatment.
- **Resurfaces** and removes imperfections along with the dead surface skin cell layers that block topical nutrients from entering the skin.
- **Delivers** External Cosmeceutical nutrients, vitamins, and antioxidants into the freshly exposed and absorbent skin layers, supporting the reversal of the aging process in the Epidermal Structure.
- **Triggers Weeks** of incredible thickening and firming with **Collagenic Matrix Rebuilding™** by releasing Collagen and Elastin Peptides in the Dermis, restructuring the entire skin matrix from dermis to surface.
- **Creates** a FaceLift thickening of Extra-Cellular Lipids (moisture barrier replenishment) in the Stratum Granulosum, and Collagenic Matrix Rebuilding™ in the Dermis.
- **Cosmetic Depth** of treatment is similar to a “sun tan” peel. No Red Coloration.
- **Spectacular Results** in 8-10 days.
- **Reverses** up to 3-5 years of aging.
- **Removes** 70-90% of Hyper-pigmentation, Melasma, Pregnancy Mask, and Discoloration with the first treatment, and even more within a Reversing Time™ Program.
- **Accelerate Results** with a treatment every 6 weeks.
- **Reversing Time™** is accomplished when used in our treatment programs. The results of which are a revitalized, renewed, and rebuilt skin and dermal cellular structure that has been nurtured from Dermis to Surface with increased levels of blood nutrients: oxygen, vitamins, antioxidants, hormones, peptides, amino acids, and hyaluronic acid. Structural regeneration firms and tones the skin from within, fortifying the foundation of your beauty, reversing and erasing the years, creating and revealing a younger looking you.

Triple Peel Treatments

Facial	80 min.
Neck	65 min.
Décolleté	105 min.
Hands	50 min.
Arms - Triceps Only	65 min.
Arms - Full	120 min.
Back -Shoulders to Waist	160 min.
Stretch Marks <small>100 sq. in. Area</small>	80 min.



"Before my wedding I had three Triple Peels done on my face, neck, décolleté, arms, and hands over a three month program. On my Wedding Day I was flawless, beautiful, and had no wrinkles, pigmentation spots, or sun freckles. My skin looked amazing."

Kerrie - Newport Beach, CA

REVERSING TIME™

Ask your Spa Girl Professional to recommend a Reversing Time Treatment Program that will quickly take off the years and provide accelerated FaceLift Results.

Kinetic Dermabrasion™ Peel Programs

REGENERATION	Level 4	Level 3	Level 2	Level 1	
	24 Weeks	18 Weeks	12 Weeks	6 Weeks	
	2 Single	2 Single	2 Single	2 Single	
Up to 3 Years Reversal					
		3	2	1	Now

Double Peel Programs

RENOVATION	Level 4	Level 3	Level 2	Level 1			
	24 Weeks	18 Weeks	12 Weeks	6 Weeks			
	2 Double	2 Double	2 Double	2 Double			
Up to 6 Years Reversal							
	6	5	4	3	2	1	Now

Surgery-Free™ Peel Programs

Up to 3 Years Reversal	Level 1 RESTORATION 6 Week Program	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6							
		2 Double	2 Double	TRIPLE	Rest	2 Single	2 Single							
Up to 6 Years Reversal	Level 2 REJUVENATION 12 Week Program	WEEK 7	WEEK 8	WEEK 9	WEEK 10	WEEK 11	WEEK 12							
		2 Double	2 Double	TRIPLE	Rest	2 Single	2 Single							
Up to 12 Years Reversal	Level 3 TRANSFORMATION 24 Week Program	WEEK 13	WEEK 14	WEEK 15	WEEK 16	WEEK 17	WEEK 18							
		2 Double	2 Double	TRIPLE	Rest	2 Single	2 Single							
		WEEK 19	WEEK 20	WEEK 21	WEEK 22	WEEK 23	WEEK 24							
		2 Double	2 Double	TRIPLE	Rest	2 Single	2 Single							
	Combo Peel Substitution Cycle	2 Single	2 Single	COMBO	Rest	2 Single	2 Single							
Up to 12 Years Reversal		12	11	10	9	8	7	6	5	4	3	2	1	Now



SG

Spa Girl Treatment Menu

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